



DAYCARE MENU

----- Healthy Meals • Happy Kids • Bright Futures -----



 BREAKFAST 	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Cereal	Toast with Butter	Yogurt & Seasonal Fruit	Cereal	Hard-Boiled Egg
					
	Seasonal Fruit Milk	Seasonal Fruit Milk	Seasonal Fruit Milk	Seasonal Fruit Milk	Seasonal Fruit Milk

AM SNACK 	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Seasonal Fruits & Vegetables	Seasonal Fruits & Vegetables	Seasonal Fruits & Vegetables	Seasonal Fruits & Vegetables	Seasonal Fruits & Vegetables
					
	Milk or Juice Water Always Available	Milk or Juice Water Always Available	Milk or Juice Water Always Available	Milk or Juice Water Always Available	Milk or Juice Water Always Available

PM SNACK 2:30-3:00 PM  	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Oatmeal Cookies	Muffin	Pretzels with Dip	Yogurt & Seasonal Fruit	Raisin Bread
					
	Milk or Juice Water Always Available	Milk or Juice Water Always Available	Milk or Juice Water Always Available	Milk or Juice Water Always Available	Milk or Juice Water Always Available
	Seasonal Fruits & Vegetables	Seasonal Fruits & Vegetables	Seasonal Fruits & Vegetables	Seasonal Fruits & Vegetables	Seasonal Fruits & Vegetables

PM SNACK 5:00-5:30 PM 	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Seasonal Fruits & Vegetables	Seasonal Fruits & Vegetables	Seasonal Fruits & Vegetables	Seasonal Fruits & Vegetables	Seasonal Fruits & Vegetables
					
	Milk or Juice	Milk or Juice	Milk or Juice	Milk or Juice	Milk or Juice